



Make Your School a Nutrition Hub with Summer and Afterschool Meals

**Missouri No Kid Hungry
Afterschool &
Summer Meals Sponsor
Conference**

Our Partners



Our Funder



What is a Nutrition Hub?



- **School Nutrition Hubs operate all available federal child nutrition programs**
 - School breakfast
 - Lunch
 - Afterschool supper/snacks
 - Summer meals
- **Hubs actively engage and collaborate with schools and communities on outreach**
 - Increased access to nutritious meals
 - Building internal/external partnerships = continued program expansion
 - Results are a WIN/WIN

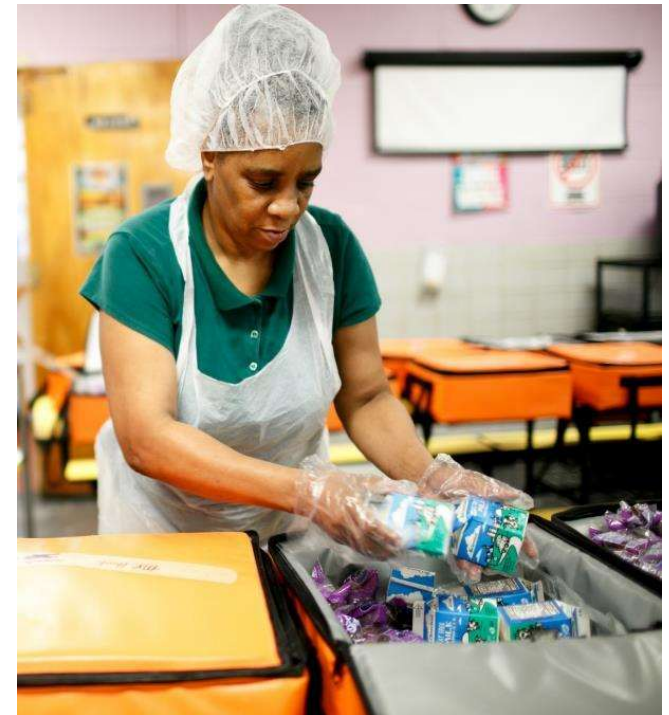
Make Your School a Nutrition Hub



See video at <https://vimeo.com/204568288>

Objectives

- ✓ Discover how to expand your programs to serve more children
- ✓ Identify areas for program growth in your school district
- ✓ Apply financial best practices
- ✓ Develop a step-by-step plan for expanding key programs



Agenda



- Afterschool and Summer Basics
- Becoming a School Nutrition Hub
- Planning Resources





Afterschool & Summer Basics

Child Nutrition Program in MO



US Congress

USDA Food & Nutrition Service

DHSS

DESE

SFSP

CACFP

NLSP

Afterschool Meals &
Snacks

Seamless Summer

Afterschool Snacks

CACFP At-Risk Afterschool Sites



Meet applicable licensing or health and safety standards – waived for schools

Located in attendance zone of school where $\geq 50\%$ are eligible for free or reduced-price meals

Provide regularly scheduled educational or enrichment activities in a supervised setting

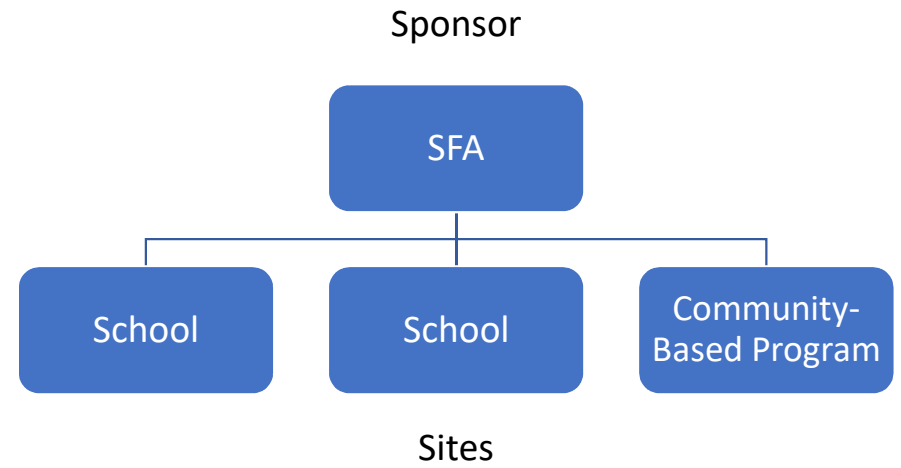
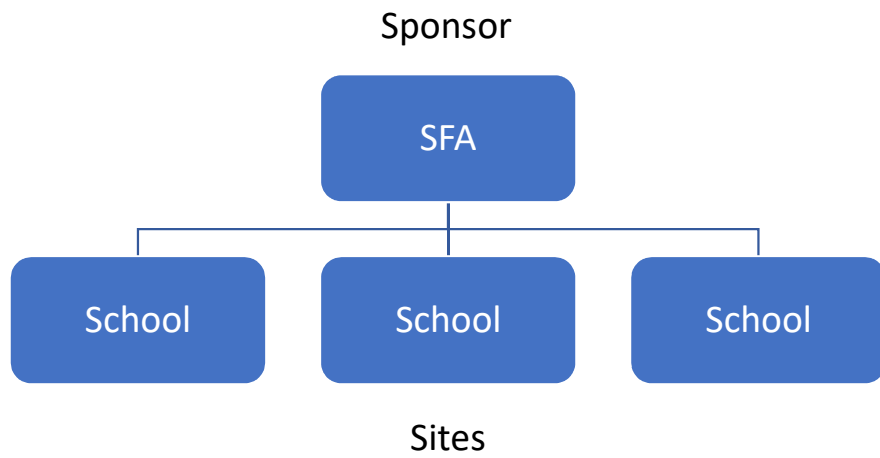
Serve meals to be consumed on site (congregate)

CACFP At-Risk Afterschool Participants

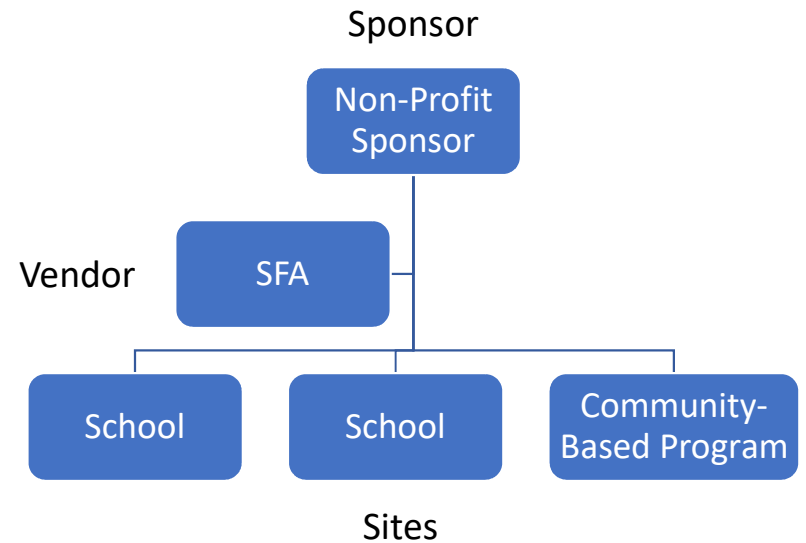
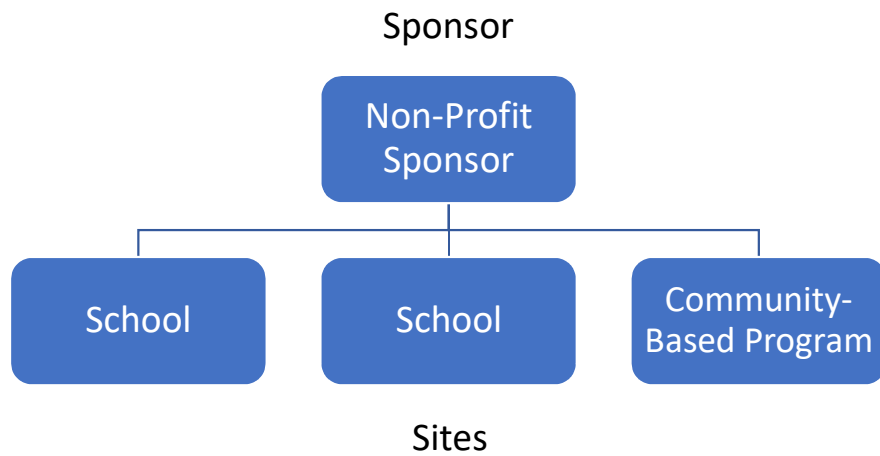


- Age 18 or under at the beginning of the school year
- No enrollment or eligibility documentation required
- No requirement to participate in activities offered
- All meals are free of charge
- Receive up to one meal and one snack per day
 - Supper and snack on school days
 - Any meal and snack on weekends, holidays, breaks, or other school closures

CACFP At-Risk Afterschool Models



CACFP At-Risk Afterschool Models



Summer Basics

- Health/safety requirements may differ
- Qualify sites by school or census data
 - Option for enrolled sites
- No activity requirement
- Breakfast + lunch/supper or meal + snack





Becoming a Nutrition Hub

Initiating Change: A Framework



- Research a new program
- Identify and recruit sites and build stakeholder engagement
- Plan out program details and logistics
- Implement the program
- Monitor and evaluate progress

Be Flexible & Creative

- Accommodate programs as best as possible
- Authentic partnerships require trust and support
- Program recipients need to feel heard and know that they have total support from school nutrition program staff



Build Your Program



Use data to drive decision making

| School/Site Name | Allocated Staff Hours | Enrollment | Free/Reduced | | Breakfast ADP | Lunch ADP | A la carte | Breakfast After the Bell | Afterschool Snack | Afterschool Supper | Summer Meals |
|-------------------|-----------------------|------------|--------------|-----|---------------|-----------|------------|--------------------------|-------------------|--------------------|--------------|
| | | | # | % | # | # | \$/day | | | | |
| Harvey Jones ES | 9.5 | 560 | 370 | 66% | 120 | 290 | 120 | Y | N | 220 | 110 |
| Michael Taylor ES | 10 | 740 | 400 | 54% | 380 | 440 | 60 | N | 300 | N | 150 |
| John Land ES | 15 | 590 | 350 | 59% | 145 | 250 | 60 | Y | N | N | N |
| Sara Student ES | 12 | 660 | 310 | 47% | 350 | 510 | 160 | N | N | N | N |
| John McKinley ES | 12 | 800 | 400 | 50% | 200 | 250 | 120 | N | N | N | N |

Build Your Program



Engage staff

- Share ideas and empower staff
- Maximize staff potential
- Increase kitchen efficiencies, improve inventory management, and enhance purchasing power



Build Your Program



Check your financial well-being: Can we afford this program expansion?

- Review participation and staffing data
- Analyze school financial reports
- Monitor food cost and labor cost



Developing an Action Plan



What is an action plan?

- A sequence of steps that must be taken for a strategy to succeed
- Identify specific tasks and who is responsible
- Identify timeline for task completion

| ACTION PLAN | | | |
|-------------|------|------|-----|
| WHO | WHAT | WHEN | HOW |
| | | | |

A hand-drawn table with a green border and two red pushpins at the top. The title "ACTION PLAN" is written in blue at the top. Below it are four columns labeled "WHO", "WHAT", "WHEN", and "HOW" in red. The bottom row is empty, representing a template for an action plan.

Action Plan Template



| Task | Responsible Person | Deadline | Notes |
|--|-----------------------|---------------|--|
| Identify eligible schools | Area field supervisor | March 1, 2019 | Once schools are identified, staff meet to discuss potential community locations |
| Email to be sent to principals of eligible schools to determine interest | Area field supervisor | March 1, 2019 | School foodservice staff should be included in email |
| | | | |
| | | | |
| | | | |



Planning Resources

School Nutrition Hub Tools



- Inventory
- Break Even Calculator
- Action Plan
- Operational Plan



View and download at <http://schoolnutritionfoundation.org/schools-as-nutrition-hubs/>

Action Planning Tasks



A: Research Program

- Contact state agency
- Contact nearby districts/sponsors operating programs

B: Recruit Sites and Build Support

- ID eligible sites: consider free/reduced-price level
- Learn about programs currently offered
- Conduct stakeholder meetings and build relationships



Action Planning Tasks



C: Details and Logistics

- Work through operational plan documents
- Determine menu and meal service model
 - Central kitchen vs. on-site prep
 - Hot vs. cold
 - Serving line vs. unitized

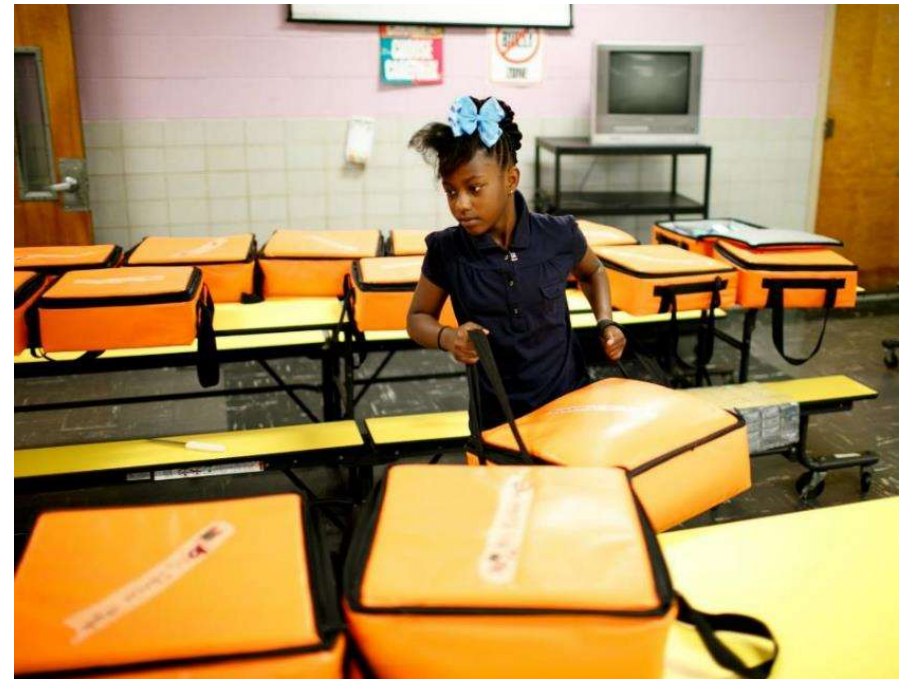


Action Planning Tasks



C: Details and Logistics

- Determine needs:
 - Labor – Prep, Service, Administration
 - Equipment
 - Transportation





Wrap Up & Questions

Contact Information



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